

[View Full Course Details including Latest Schedule Online](#)

PHOENIX TS

Change Management Training

Course Overview

This 2-day, instructor-led Change Management Training course gives participants tools to implement changes more smoothly and to have changes better accepted. This training will address:

- Preparing for change
- Understanding change
- Leading and managing change
- Gaining support
- Building resiliency

Course Outline

Getting Started

- Housekeeping Items
- The Parking Lot
- Objectives
- Pre Assignment Review
- Action Plans and Evaluations

Preparing for Change

- Defining your strategy
- Building the Team
- Case Study
- Review Questions

Identifying the WIFM

- What's in it for me?
- Building Support
- Case Study
- Review Questions

Understanding Change

- Influences on Change
- Reactions to Change
- Tools for the Change Process
- Case Study
- Review

Leading and Managing the Change

- Preparing and Planning
- Delegating
- Lines of Communication
- Coping with Pushback
- Case Study
- Review Questions

Gaining Support

- Gathering Data
- Concerns and Issues
- Evaluating and Adapting
- Case Study
- Review Questions

Dealing with Resistance

- Exploring what resistance looks like
- How to make change stick

Making it All Worthwhile

- Leading Status Change
- Celebrating Success
- Results and Benefits
- Case Study
- Review Questions

Using Appreciative Inquiry

- The Four Stages
- Purposes of Appreciative Inquiry
- Examples and Case Studies
- Review

Bringing People to Your Side

- A Dash of Emotion
- Plenty of Facts
- Case Study
- Review

Building Resiliency

- What is Resiliency
- Why is it Important?
- Steps for the Leader and for the Individual
- Case Study
- Review

Stress Management

- Taking Care of your Body and Mind
- Break
- Debrief
- Case Study
- Less Stress Lessons
- Changing Ourselves

- The Triple A Approach
- The Stress Tax
- Stress Inventory
- Finding Source Solutions
- Stress Logging

Wrapping Up

- Words for the Wise
- Parking Lot
- Action Plans and Evaluations

Change Management Training FAQs

Who should take the Change Management training course?

The Change Management Training course is geared towards managers, supervisors, and team members.

Are there any prerequisites for the Change Management course?

There are no prerequisites for taking this course.

What do students say about the Change Management Training course?

“Very interactive and informative”

Student, May 2018

“Awesome instruction, class was a pleasure”

Student, July 2018

Starting at **\$1,495**



ATTENTION

For GSA pricing or Contractor quotes call
[240.667.7757](tel:240.667.7757)



Price Match Guarantee

We'll match any competitor's price quote. Call us at 240-667-7757.

Included in this **Change Management Training**

- 2 days instructor-led training
- Change Management Training training book
- Notepad, pen and highlighter
- Variety of bagels, fruits, doughnuts and cereal available at the start of class*
- Tea, coffee and soda available throughout the day*
- Freshly baked cookies every afternoon*